

Dear Friends,

During these months of summer, it becomes obvious that pushing the pause button is easier said than done. It is during this time of year that our lives should slow down a little, giving us a chance to catch our breath and relax. But just as physical rest is necessary for a healthy body, spiritual rest is important for our spiritual well-being. The best way to rest your spirit, is to rest in the One who created you.

I hope the following 6 verses from a resource called dayspring, might help you find spiritual rest during the remainder of these summer months. Note that a theme of resting is woven throughout Scripture even from the very beginning.

“On the seventh day God had finished His work of creation, so He rested from all His work.” (Genesis 2:2).

Even God took a day to rest and it’s a lesson He intends for us to follow. Let us be reminded to rest in God and lean on Him. Let us relax and rest upon Him.

“The Lord is my shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength.” (Psalms 23:1-2). In God, we have all that we need. No matter what...He knows the “green meadows” and “peaceful streams” that will restore and renew each of us. He promises to deliver. When we walk with Him, we can count on Him for complete rest and restoration.

“It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to His loved ones.” (Psalms 127:2). Even with the best of intentions, we can easily slip back into the habit of counting on ourselves to meet our needs. We honor God with our work but not when it serves as a cover for our inability to trust in Him. Trusting in Him, while working and resting, is the key to renewal and spiritual refreshment.

“Therefore, I say to you, do not worry about your life...your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you.” (Matthew 6:25-34). In this passage, Jesus makes it clear that worrying about the future is a waste of time. Instead, He reminds us that our heavenly Father values us above all else and He will care for us just as He does the flowers of the fields and the birds in the air.

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.” (Matthew 11:28-29). Responsibilities can be overwhelming but Jesus promises to help carry the load. His shoulders are much bigger than ours! While he doesn’t promise a life without hard work and trials, He does promise to be our partner, participating with us and walking with us every step of the way.

“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.” (Philippians 4:6-7). Paul here provides some great advice. He suggests we turn our worries into prayers. When we stop worrying and start praying, we will be filled with the complete peace and rest that only God can provide.

“I have told you these things so that, in me, you may have peace. In this world, you will have trouble. But take heart! I have overcome the world.” (John 16:33). The next time a restless spirit threatens to ruin a perfect summer day, stop and remind yourself that, in Jesus, the victory has already been won! God is in control, our destiny as believers is set, and things won’t fall apart when we pause to enjoy the beauty of the world around us. Things will not fall apart if we find rest in Jesus.

Christ’s Richest Blessings,
Pastor Jim

Mark Your Calendars

Worship/Facebook Live/Communion 10:30 am	Aug 1
Facebook Live 8:00 am	Aug 3
Facebook Live 8:00 am	Aug 4
Facebook Live 8:00 am	Aug 5
Facebook Live 8:00 am	Aug 6
Worship Facebook Live 10:30 am	Aug 8
No Facebook Live Aug 10-13	
Worship Facebook Live/10:30 am	Aug 15
Facebook Live 8:00 am	Aug 17
Facebook Live 8:00 am	Aug 18
Facebook Live 8:00 am	Aug 19
Facebook Live 8:00 am	Aug 20
Worship Facebook Live 10:30 am	Aug 22
Facebook Live 8:00 am	Aug 24
Facebook Live 8:00 am	Aug 25
.Facebook Live 8:00 am	Aug 26
Facebook Live 8:00 am	Aug 27
Worship Facebook Live 10:30 am	Aug 29
Facebook Live 8:00 am	Aug 31

CURRENT EXPENSES



Amount pledged \$140,352.00

Anticipated monthly contributions \$11,696.00

Contributions should be \$81,872.00

Contributions to date \$80,475.00

Over/Short: - \$1,397.00

Facebook Devotions: There will be no Facebook Devotions during the week of Aug 9-13th . Enjoy the rest of your summer. It's going by way too fast.

First Presbyterian Church
Phone 908-689-2547 **Fax** 908-689-7911
Web site: www.washingtonfpc.org

Pastor, James Scovell; Directors of Music, Peter and Julie Stevenson;
 Administrative Assistants Kerri Caldaro
 Church School Coordinator, Jean Bowers.

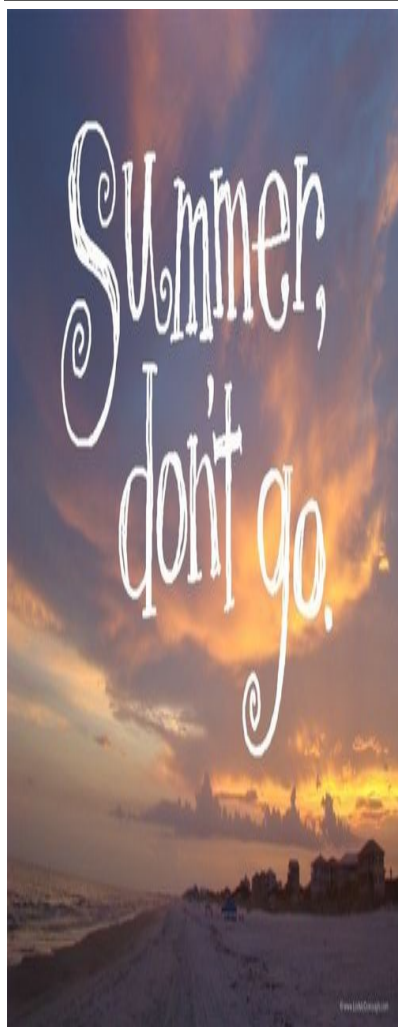
Worship: **10:30 a.m.**
 Fellowship Time: **10:00 a.m.**

September issue will be published on **August 31st**. The deadline is **August 24th**. Please submit articles to the church office or by email to: office@washingtonfpc.com



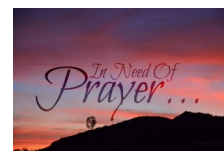


Thank you to the Property Committee who came out on July 4th to help my family assemble the float for the 4th of July parade. Also a huge thank you to Rick Gardner for once again pulling us in the parade. It was a beautiful day for a parade.
Sincerely,
Kerri Caldaro



PRAYER CORNER

Dear Lord, we come with eyes eager to see you, ears straining to hear you and hearts longing to meet with you. We come with minds open to your teaching and with hands and feet ready to respond to your leading. We see the needs around us as great, and we recall that you are the Great Provider and Sustainer. As we pray for our loved ones and friends, help us, by the power of your Holy Spirit, to bring healing and comfort to all those in need.



those ill or recuperating at home: Don Johnson, Michael Housman, Joyce Parsons, Bart Schott, Karen Happel, Alfred Bowen, Ruth Diltz, Bob & DJ Pesaniello, Carley Miller Heatley, John Westlake, Esther Wasser, Grace Sweet, Sue Wiedman, Bob & Joan Anderson, Tempe Schramm, Vickie Brown, Nancy Penman, Bob Schuch, Ralph Martin, Charlie Wright, Marion Kingsbury, Kerry Webb, Peggy Westlake, Grace Murphy.

relatives of church members: Pauline Albrecht's cousin Pete Lekousis, Elaine Boreman's great niece Keira, Elinor Bettie's sister Jane, Laura Housman's mother Betty Machauer, Roberta Kugelmeyer's niece, Fred Kulick's brother-in-law Jon, Bob & Joan Anderson's son Robert Scott, Tami Phelps cousin Jimmy, George Van Veldhuisen's brother Bill, Peggy Westlake's brother Dave, Elaine Boreman's mom Florence, Jean Scovell, Sarah McLeod's son, Lawrence Lewis, Barbara Miller's cousin Kayla Norvis, Jolene Foley's cousin Dan, Stacie Ullrich's husband Rick, Martha Kenny's cousins Bob, Eleanore Jensen's son and daughter-in-law, Phyllis & Warren Kearns' son, Joan Miller's brother & sister-in-law, Nancy Vlossak's niece, Ken Dirkes' wife & great grandson, Betty Ann Roseberry Wright's sister, Vicki Tensfeldt's mother & niece;

those in care centers: Connie Allen.

friends of the church: Pauline Albrecht's friend Christine Kowal, Kerri Caldaro's friend Terri Lynne Boswell, Jean Bowers friend and his family Thomas Ferranti Jr, Joan Millers friends Walter & Pat Reedell, Elinor Bettis's friend Ginna Zukswert, Carol Novak, Ruthann Lambert, Marion Hoskin's daughter Michelle, Joan Miller's friend Sarah Armbrecht, Florence Hagemann Philip Hagemann's mother, Joan Miller's friend Patty Fratticcioli, Christine Otto, Jason Ford, Lisa Groff, Hoskins & Gerard Families, Bill Trachin, Fred Mosher, Gale Soler, Ellen Gulick, Jessica Yerance, Robin Halozan, Tori Reade, Kris Miller, Bob Best, Markie DeVoe, Mark Christie, Vlossak family's friend Hallie, Shirley Pulsinelli.

also, pray for our servicemen and women and their families: Albrecht's nephew Captain Kyle Mogensen, Vimp Smith's grandson Cory, D.J. & Bob Pesaniello's grandson Ryan, Stephanie Farley's nephew John, Kathy Perry's nephew Jimmy, Bob & Barbara Schuch's, grandson Adam, Elaine Boreman's nephew Drew, Linda Darwin's friend Sean Devine.



August 6 Daurie Ann McBrair
 August 7 Peggy Westlake
 August 8 Rik Atkinson
 August 9 Rihanna Burgess
 August 10 Melanie Plenge
 Janet Young

August 19 Jim Lawson

August 21 Riley Plenge
 August 25 Stan Kubbishun
 August 28 Ian Allen
 August 29 Julia Hanshaw
 Sharon Reardon
 August 31 John Boreman
 Janet Chiovarou
 Madeline Pennello
 Leslie Schott
 Karen Wilson



HAPPY
 BIRTHDAY

August Music Notes

For many years I have had a book entitled “The Book of Classical Music Lists” by Herbert Kupferberg on my bookshelves. As a musician, I find several of the lists in this book interesting and fun. I came across one entitled “Musical Instruments in the Bible” that I would like to share with you here.

The words, but not the music, of many biblical songs have survived, the most notable being the Psalms of David. Similarly, we know the names of several of the musical instruments of the Old Testament, but their exact appearance for the most part is either unknown or a matter of dispute. Psalm 150, for example, alludes to “stringed instruments and organs” without going into particulars. According to Genesis 4:21, “the father of all such as handle the harp and organ” was Jubal, son of Lamech and Adah. Here are some of the instruments his descendants played:

TRUMPET - *While leading the Israelites in their Exodus from Egypt, Moses ordered his metalsmith to fashion two long silver trumpets that could perform a variety of uses; signaling, summoning assemblies, sounding alarm, and initiating celebrations (Numbers 10:1-10).*

SHOFAR - *A more humble type of trumpet, this was made from a ram’s horn, though playing it demanded a degree of skill. This was the instrument that brought down the walls of Jericho when carried around the city by seven priests for seven days. It is the only Biblical instrument still in use in its ancient form, being surrounded in the synagogue on the Jewish High Holy Days (Joshua 6:4).*

PIPE - *A simple shepherd’s instrument, probably single-reed and apparently widely used. “The people piped with pipes” when King Solomon was anointed by Zadok the Priest (I Kings 1:40).*

KINNOOR - *A plucked stringed instrument translated variously as harp, lyre, or cythara, and mentioned on a number of occasions. The frame was made of wood, occasionally trimmed with amber, and the strings made either of twisted grass or sheep gut. This was the instrument the Israelites hung on the willows by the rivers of Babylon during the Second Exile. Evidently there were a number of types, some quite elaborate, for one Psalm mentions in a single verse the harp, the psaltery, and “and instrument of ten strings” (Psalm 137:2 and Psalm 33:2).*

TIMBREL OR TABRET - *A hand drum that resembled a tambourine. Moses’ sister Miriam played one to celebrate the crossing of the Red Sea (Exodus 15:20).*

CYMBAL - *“Praise him upon the loud cymbals, praise him upon the high-sounding cymbals” (Psalm 150:5).*

And of course we praise our Lord with singing as well using our voices!

Musically yours,
Julie Stevenson

2021 GRADUATES

**Amanda Phelps**

Amanda graduated on June 12, 2021 from

Warren Hills Regional High School in just three years. This fall she will be attending Seton Hall University majoring in finance.

Amanda enjoys modeling for Not Your Sister's Closet Boutique for the past two years. She has also been working at McDonald's since she was 14 and Shop Rite since she was 16 at times holding two to three jobs and attending High School.

Amanda is the daughter of Fred & Tami Phelps. She has one brother William 18 and a sister April 13.

**William Phelps**

William graduated from Warren County Technical High School on June 17, 2021. This fall he will be attending UTI in Exton PA majoring in diesel mechanics. William placed 1st in boys at tech in bowling and finished in the top 5 from the bowling conference in his junior year. He is a volunteer in two fire departments Washington Township and the Borough. He is currently attending class to become Fire 1 certified. He also was involved for many years with Hope in The Hills of Warren. William is the son of Fred & Tami Phelps. He has two sisters Amanda 17 and April 13.

**Julia Fox**

Julia graduated on June 12, 2021 from Warren Hills School. Her achievements were AP scholars with distinction top 10., National Honor Society, President of the Glamorous Girls and Peer leadership. She played volleyball and softball. Julia will be attending DeSales University pursuing the 5 year Accelerated Program for Physician Assistant. Julia has been active in Hope in the Hills of Warren. Julia is the daughter of Kristen Hamler and George Fox. She has two sisters Marleigh Truman 31, Morgan Hamler 21 and two brothers Austin Hamler 23 and James Fox 20.

2021

2021 GRADUATES

**Julia Hanshaw**

Julia graduated on June 12, 2021 from Warren Hills High School. She was a cheerleader. She plans on attending Raritan Valley Community College in the fall. Julia was a part of the mission team here at First Presbyterian Church. She helped in the Toms River mission trip with cleanup after Superstorm Sandy. Julia is the daughter of Roy & Joyce Hanshaw. She has one sister Sarah 24 and a brother Luke 21.

**Summer Sozanski**

Summer graduated on June 12, 2021 from Warren Hills High School. She was on the National Honor Society as an AP student graduated with honors. She played Lacrosse for 2 years and also assisted with wrestling stats. She will be attending Centenary University in the fall majoring in Early Childhood Education. She is the daughter of Steve Sozanski and Judy Volckmann. She has one sister Ashley 15.



WASHINGTON CELEBRATES AMERICA PARADE

It was so nice to see so many people from our community out celebrating the 4th of July and watching the parade. It's always a highlight to my kids 4th being able to participate in the First Presbyterian church float. I think after a year of being in quarantine, folks just wanted to get back to normal and celebrate. It was one of the nicest 4th's we've had in a long time.



August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Worship/ Communion In-Person and Facebook Live 10:30 am	2	3 Facebook Devotions 8:00 am	4 Facebook Devotions 8:00 am	5 Facebook Devotions 8:00 am	6 Facebook Devotions 8:00 am	7
8 Worship In Person/ Facebook Live 10:30 am	9	10 NO Facebook Devotions	11 NO Facebook Devotions	12 No Facebook Devotions	13 NO Facebook Devotions	14
15 Worship In Person/ Facebook Live 10:30 am	16	17 Facebook Devotions 8:00 am	18 Facebook Devotions 8:00 am	19 Facebook Devotions 8:00 am	20 Facebook Devotions 8:00 am	21
22 Worship In Person/ Facebook Live 10:30 am	23	24 Facebook Devotions 8:00 am	25 Facebook Devotions 8:00 am	26 Facebook Devotions 8:00 am	27 Facebook Devotions 8:00 am	28
29 Worship In Person/ Facebook Live 10:30 am	30	31 Facebook Devotions 8:00 am				31